

Ascot House, Fairacres Industrial Estate, Windsor, SL4 4LE					
MONDAY					
Studio 2 (Upstairs)			Studio 1 (Downstairs)		
Heidi Rhodes RAD RTS ARAD			Megan Rhodes RAD RTS ARAD/Acrobatic Arts Module 2 certified		
4:15 - 5:00	Development class Ballet (Years 3 & 4)		4:15 - 5:00	Development class Ballet (Years 1 & 2)	
5:00 - 6:00	Intermediate Foundation Ballet		5:00 - 6:00	Pre Intermediate Foundation ballet	
6:00 - 7:00	Intermediate Ballet		6:00 - 7:15	Advanced 1 Ballet	
7:00 - 8:00	Advanced Foundation Ballet		7:15 - 8:15	Acrobatic Arts Elite Squad	
Studio 3 (Upstairs)					
Philippa Dewsnap Level 3 Pilates/PBT Certified					
4:30 - 5:00	Pilates/Progressing Ballet Technique - Inter		6:00 - 6:30	Pilates/Progressing Ballet Technique - Inter	
5:00 - 5:30	Pilates/Progressing Ballet Technique - Jnr		6:30 - 7:00	Pilates/Progressing Ballet Technique - Snr	
5:30 - 6:00	Pilates/Progressing Ballet Technique - Adv				
TUESDAY					
Studio 2 (Upstairs)			Studio 1 (Downstairs)		
Heidi Rhodes RAD RTS ARAD			Sarah Lavender ISTD DDI/DDE		
4:15 - 5:00	Grade 3 Ballet		4:00 - 4:45	Grade 1 Modern & Tap	
5:00 - 5:45	Grade 4 Ballet		4:45 - 5:15	Grade 2 Tap	
5:45 - 6:45	Grade 6 Ballet		5:15 - 5:45	Grade 2 Modern	
Megan Rhodes RAD CBTS ARAD			5:45 - 6:15	Grade 3 Tap	
Studio 4			6:15 - 6:45	Grade 4 Modern	
7:00 - 8:00	Acrobatic Arts - Advanced		6:45 - 7:30	Intermediate Tap	
			7:30 - 8:15	Inter Foundation Modern	
WEDNESDAY					
Studio 2 (Upstairs)			Studio 1 (Downstairs)		
Megan Rhodes RAD RTS ARAD			Sarah Lavender ISTD DDI/DDE		
10:00 - 10:30	Baby Ballerinas		4:30 - 5:00	Grade 3 Tap	
4:00 - 4:45	Grade 1 Ballet		5:00 - 5:30	Grade 3 Modern	
4:45 - 5:30	Grade 2 Ballet		5:30 - 6:00	Advanced One Tap	
5:30 - 6:15	Grade 3 Ballet		6:00 - 6:45	Intermediate Modern	
6:15 - 7:00	Grade 4 Ballet		6:45 - 7:30	Advanced 1 Modern	
7:00 - 8:00	Contemporary Senior		7:30 - 8:30	Adult Tap	
THURSDAY					
Studio 2 (Upstairs)			Studio 1 (Downstairs)		
Heidi Rhodes RAD RTS ARAD			Megan Rhodes RAD RTS ARAD/Acrobatic Arts Module 2 certified		
4:30 - 5:15	Intermediate Foundation Ballet		4:00 - 4:30	Pre-Primary Ballet	
5:15 - 6:00	Intermediate Ballet		4:30 - 5:00	Primary ballet	
6:00 - 7:00	Grade 8 Ballet		5:00 - 5:45	Grade 2 Ballet	
7:00 - 8:00	Grade 7 Ballet		5:45 - 6:45	Acrobatic Arts - Elementary	
			6:45 - 7:45	Grade 5 Ballet	
FRIDAY					
Studio 1 (Downstairs)			Studio 4 (Warehouse)		
Megan Rhodes RAD RTS ARAD/Acrobatic Arts Module 2 certified			Natasha Mould		
4:15 - 5:15	Acrobatic Arts - Intermediate		5:15 - 6:00	Contemporary/Lyrical Junior	
5:15 - 7:00	Competition Squad Privates		6:00 - 7:00	Contemporary Senior	
7:00 - 7:45	Advanced Foundation Ballet				
SATURDAY					
Studio 2 (Upstairs)			Studio 1 (Downstairs)		
Megan Rhodes RAD CBTS ARAD			Sarah Lavender ISTD DDI/DDE		
8:45 - 9:15	Pre-Primary Ballet				
9:15 - 9:45	Primary Ballet		9:15 - 9:45	Teddy Tappers & Mini Modern	
9:45 - 10:15	Pre-Primary Ballet (Exam class)		9:45 - 10:15	Grade 1 Modern & Tap	
10:15 - 11:00 FULL	Grade 1 Ballet		10:30 - 11:00	Grade 3 Tap	
Heidi Rhodes RAD RTS ARAD			11:00 - 11:45	Grade 5 Tap	
10:30 - 11:00	Pointe (Seniors)		11:45 - 12:15	Grade 5 Modern	
11:00 - 11:45	Grade 5 Ballet		12:45 - 1:30	Intermediate Foundation Modern	
11:45 - 12:45	Grade 6 Ballet		Studio 1 (Downstairs)		
Hollie Anderson Level 3 Gymnastics Coach			Megan Rhodes RAD RTS ARAD/Acrobatic Arts Module 2 certified		
2:45 - 3:45	Mini/Junior Comp Squad Intensive Training		1:15 - 2:00	Acrobatic Arts - Super Mini's	
SUNDAY					
Studio 2 (Upstairs)					
Hollie Anderson Level 3 Gymnastics Coach			2:00 - 3:00	Acrobatic Arts - Mini's	
			3:00 - 4:00	Acrobatic Arts - Preliminary	
12:30 - 1:30			Inter/Snr Comp Squad Intensive Training		
St Stephen's Church, Vansittart Road, Windsor			Old Windsor Memorial Hall, Straight Road Windsor		The Village Centre, Victoria Street, Englefield Green
SATURDAY			SATURDAY		FRIDAY
Sophie Walsh BA (Hons) RAD RTS			Megan Rhodes RAD CBTS ARAD		Sophie Walsh BA (Hons) RAD RTS
9:00 - 9:30	Pre-Primary Ballet		11:45 - 12:15	Pre-Primary Ballet	
9:30 - 10:15	Grade 1 Ballet		12:15 - 12:45	Primary Ballet	
10:15 - 11:00	Grade 2 Ballet				
11:00 - 11:45	Grade 4 Ballet				4:00 - 4:30
					4:30 - 5:00
					5:00 - 5:45
					5:45 - 6:30
					Pre-Primary Ballet
					Primary Ballet
					Grade 1 Ballet
					Grade 2 Ballet